



DIPLOMA IN AESTHETIC ORTHO-RESTORATIVE DENTISTRY

EduQual Level 7

Transforming Clinicians Into Multidisciplinary Experts

16 Modules • Mentorship • Fixed Orthodontics • Restorative Dentistry



Dr Nadeem Younis

FOUNDER
NORTHWEST DENTAL ACADEMY



THINK DIFFERENTLY.
PLAN BETTER.
TREAT PREDICTABLY.

— WELCOME TO —

NORTHWEST DENTAL ACADEMY

DIPLOMA IN AESTHETIC ORTHO-RESTORATIVE DENTISTRY
EDUQUAL LEVEL 7

“ This is far more than
a restorative diploma. ”

I am delighted to introduce the much-anticipated Diploma in Aesthetic Ortho-Restorative Dentistry, a comprehensive Level 7 programme designed to equip clinicians with the knowledge, confidence and practical skills required to deliver predictable multidisciplinary treatment.

This unique diploma has been created for dentists who want to take control of more complex cases — from diagnosis and treatment planning through to orthodontic alignment, restorative execution, occlusal management and aesthetic finishing.

Unlike many restorative programmes that only touch briefly on orthodontics, this diploma places strong emphasis on the integration of fixed orthodontics, aligner therapy and restorative dentistry. Delegates will learn how to use orthodontics to create ideal tooth position before restorative treatment, allowing for more conservative, minimally invasive and predictable outcomes.

Rather than preparing healthy tooth structure to compensate for crowding, spacing, rotations or malpositioned teeth, clinicians will develop the ability to **align first, restore second, and preserve more** of the natural dentition.

A COMPLETE MULTIDISCIPLINARY PROGRAMME

This diploma has been designed to help clinicians confidently diagnose, sequence and manage aesthetic and functional cases across multiple disciplines.

 FIXED ORTHODONTICS Build confidence in contemporary fixed appliance principles, mechanics and case planning.	 ALIGNER THERAPY Gain exposure to modern aligner workflows and treatment planning principles.	 SMILE DESIGN Understand facial analysis, proportions, tooth morphology and aesthetic planning.
 COMPOSITE ARTISTRY Create natural direct restorations and veneers that respect anatomy and facial aesthetics.	 OCCUSION Develop practical occlusal understanding for everyday restorative, orthodontic and aesthetic dentistry.	 RESTORATIVE DENTISTRY Enhance crown and bridgework, veneers, treatment planning and minimally invasive workflows.
 ENDODONTICS Improve confidence in simple to moderately complex endodontic procedures.	 CROWN LENGTHENING Learn aesthetic soft tissue management in the anterior aesthetic zone.	 CLINICAL PHOTOGRAPHY Capture high-quality records for diagnosis, planning, communication and presentation.


CLINICAL CONFIDENCE
Develop the knowledge and skills to deliver predictable, aesthetic and long-lasting results.


PRACTICE GROWTH
Expand the range of treatments offered in-house and provide a complete treatment journey for your patients.


MENTORSHIP & SUPPORT
Extensive mentoring throughout the course and beyond to help you apply your new skills with confidence in practice.


COMPLETE CARE
Diagnose, plan and manage multidisciplinary cases under one roof, reducing referrals and increasing profitability.

Whether your ambition is to provide comprehensive smile makeovers, undertake more advanced restorative treatment, improve your orthodontic skills, master occlusion, elevate your photography, or become the clinician who confidently manages every stage of a multidisciplinary case — this diploma has been designed with you in mind.

This is far more than a restorative diploma.

It is a complete postgraduate programme designed to help clinicians think differently, plan more effectively, treat more predictably and deliver dentistry at a higher level.

WHO IS THIS COURSE SUITABLE FOR?

This diploma has been designed for dentists at different stages of their career who want to develop advanced skills, confidence and predictability in multidisciplinary dentistry.



NEWLY QUALIFIED DENTISTS

Newly qualified dentists who want to ensure they have solid foundations in restorative dentistry and orthodontics.



EXPERIENCED DENTISTS

Experienced dentists who want to incorporate in-house management of multidisciplinary cases.



CLEAR ALIGNER PROVIDERS

Dentists who are proficient with Clear Aligner Therapy and want to move on to Fixed Appliance treatments for more predictable orthodontics.



OVERSEAS DENTISTS

Overseas dentists preparing for part II ORE exams.

DEVELOP THE SKILLS. GAIN THE CONFIDENCE.
DELIVER EXCEPTIONAL CARE.

EDUCATIONAL PARTNERS

We collaborate with leading global partners to bring you
the best in dental education and innovation.



KULZER
MITSUI CHEMICALS GROUP



COLTENE

 **Orasoptic**

Wrights
THE DENTAL
SUPPLY CO 



SAINT VISAGE
DENTAL GROUP



OMNIA DENTAL CARE

STRONG PARTNERSHIPS. EXCEPTIONAL EDUCATION.

ACCREDITATION

Northwest Dental Academy has achieved accreditation through EduQual, reflecting our dedication to maintaining strong educational standards within the field of dentistry. This recognition is granted following an extensive review process designed to evaluate the quality and effectiveness of our academic programs.

During the accreditation assessment, EduQual examines key areas of the academy, including course structure, instructional methods, educational resources, facilities, and student support provisions. Independent reviewers assess whether our programs deliver relevant, well-organised, and professionally aligned training.

The accreditation confirms that our courses meet recognised academic and industry requirements, enabling students to develop the clinical expertise, theoretical understanding, and professional skills necessary for a successful dental career. It also demonstrates to students, employers, and professional organisations that our training programmes are benchmarked against internationally accepted standards.

Northwest Dental Academy remains focused on advancing excellence in dental education through continuous development and innovation. Our commitment to high-quality teaching and professional integrity ensures that graduates are prepared to meet the ongoing developments and expectations of the dental sector.

EduQual operates as a regulated awarding organisation approved by SQA Accreditation, a respected qualifications regulator in the United Kingdom with international recognition.

Accredited by UK Awarding body



	MODULE 01	Diagnosis, treatment planning and occlusion
	MODULE 02	Isolation with Rubber dam. Patient communication and marketing online
	MODULE 03	Tooth Anatomy and wax up techniques
	MODULE 04	Direct Anterior Composites
	MODULE 05	Direct Posterior Composites
	MODULE 06	Mastering Photography
	MODULE 07	Orthodontics 1 - Diagnosis and treatment with fixed appliances
	MODULE 08	Orthodontics 2 – Biomechanics of fixed appliances
	MODULE 09	Orthodontics 3 – Clear Aligner treatment
	MODULE 10	Crown and Bridges
	MODULE 11	Veneers and Onlays
	MODULE 12	Crown lengthening
	MODULE 13	Endodontics

Lecturer

Dr Nadeem Younis

BDS, DGGP(UK), DPDS, MSc, FCGDent, FICD



CLINICAL EXPERIENCE

Nadeem qualified from the University of Sheffield in 1993 and has worked in general practice in Burnley ever since. He has also worked in secondary care orthodontics at Burnley General Hospital for over 24 years and has developed a particular interest in aesthetic dentistry and orthodontics.



POSTGRADUATE EDUCATION

His commitment to postgraduate education has led to extensive training in orthodontics, restorative dentistry and cosmetic dentistry. He was awarded the Diploma in General Dental Practice from the Royal College of Surgeons of England in 1996 and the Diploma in Postgraduate Dental Studies from the University of Bristol in 2007.

In 2016, he completed a two-year research project and was awarded an MSc from the University of Bristol. He was awarded Fellowship of the College of General Dentistry in 2024 and was inducted as a Fellow of the International College of Dentists in 2026.



LEADERSHIP & PROFESSIONAL CONTRIBUTIONS

Nadeem is the Past President of the British Academy of Aesthetic Dentistry (BAAD) and has lectured extensively on aesthetic dentistry. Throughout his career, he has published articles and delivered postgraduate education to dentists across the UK.



EDUCATION & MENTORSHIP

With over 25 years of experience delivering hands-on courses for general dental practitioners, Nadeem remains passionate about helping clinicians develop confidence, clinical excellence and a multidisciplinary approach to modern dentistry.



Dr Hatem Algraffee

BDS (Lond), MSc (Lond), M.Clin.Dent (Lond),
MFDS (Eng), MRD RCS (Eng)

Registered UK Specialist Periodontist



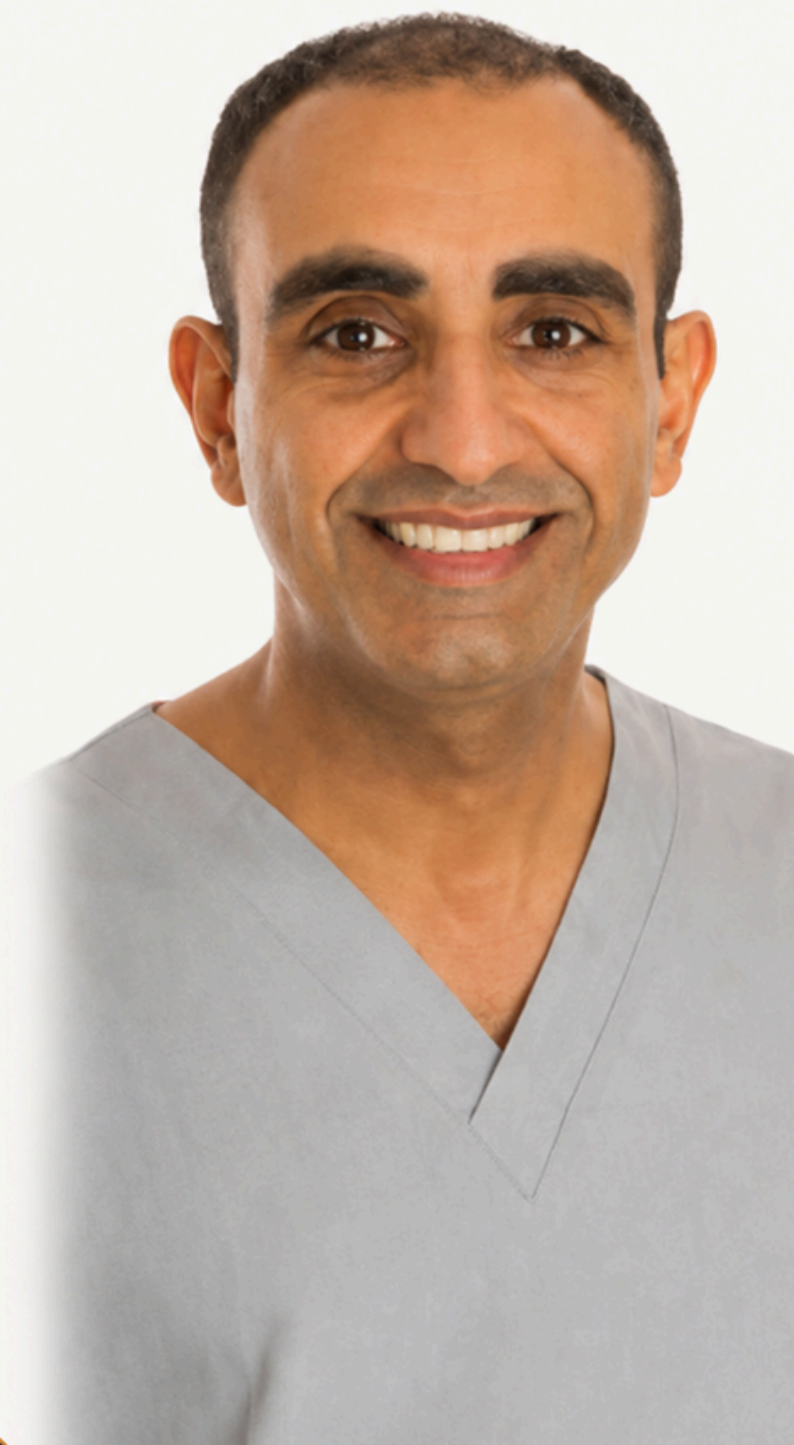
He is a specialist periodontist with over 25 years of experience in clinical practice, working in specialist referral centres across Kent, London, and Oxford. Since 2001, he has focused exclusively on periodontology and implant dentistry, establishing a successful periodontal referral centre and providing advanced care for complex cases.



Alongside his clinical work, he has held several academic and leadership positions, including Specialist Clinical Teacher at Guy's Hospital, Examiner for the MJDF at the Royal College of Surgeons of England, and Senior Dental Officer in Periodontics within the NHS. His postgraduate training includes a Master of Clinical Dentistry, with advanced experience in periodontal therapy, implant dentistry, and restorative treatment.



He is an internationally recognised lecturer and educator, having delivered over 500 lectures and hands-on courses throughout the UK and internationally. As co-founder of PerioAcademy, he continues to provide postgraduate education in periodontology and implant dentistry while contributing to research, publications, and professional development within the dental profession.





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LECTURERS

Dr Shakil Umerji

BDS, DDSc (Endo), MFDS RCS Ed,
M Endo RCS Ed, F Endo RCS Ed



He is a Specialist Endodontist with extensive experience in both specialist referral practice and academic dentistry. Since 2021, he has provided specialist endodontic care for referred patients across several practices in the North West, managing complex cases and working closely with multidisciplinary teams to deliver high-quality patient care.



Alongside his clinical work, he has served as a Clinical Lecturer at the University of Liverpool since 2022, where he supervises undergraduate and postgraduate students, delivers seminars on specialist endodontics, and contributes to doctoral research supervision. He is passionate about education and actively supports the development of future dental professionals.



His specialist training was completed at the University of Liverpool, where he undertook advanced postgraduate training in Endodontics and General Restorative Dentistry while also pursuing doctoral research. His research focused on the utility of the Endodontic Complexity Assessment Tool in the provision of endodontic care, reflecting his commitment to advancing clinical practice through education and evidence-based dentistry.



Dr Mohammad Saad Ali

BDS, MFDS RCSEd, MOrth RCSEd



He is a specialist orthodontist with extensive experience in NHS, private practice, hospital dentistry, and dental education. Having achieved Membership in Orthodontics (MOrth) from the Royal College of Surgeons of Edinburgh, he is committed to providing high-quality, patient-centred care and helping patients achieve confident smiles.



He currently provides specialist orthodontic treatment across multiple practices in the North West and serves as a Course Tutor for the North West Dental Academy. His expertise includes fixed appliances, clear aligner therapy, and multidisciplinary orthodontic care.



Alongside his clinical work, he has contributed to research, publications, and postgraduate education, presenting nationally on orthodontic and dental topics. He remains actively involved in professional development and is dedicated to advancing standards of care through teaching, research, and lifelong learning.





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LECTURERS

Lecturer

NOEL PERKINS

BDS MFDS MJDF DiplImpDent RCS(Eng) Adv Cert.

PG Cert DentRM. DipPCD RCSI. MFD RCSI.

PG Dip Oral Surgery. FCGDent



Noel Perkins is a highly experienced General Dental Practitioner with a special interest in dental implantology, having worked in both hospital and primary care settings since qualifying from the University of Sheffield in 2001. Following several Oral and Maxillofacial Surgery and Restorative Dentistry hospital posts, he established a successful career in general practice, providing advanced implant and restorative treatments while also contributing to NHS emergency dental services.



Committed to lifelong learning and clinical excellence, Noel has completed extensive postgraduate training, including the Diploma in Implant Dentistry, Postgraduate Diploma in Oral Surgery, and Fellowship of the College of General Dentistry. His advanced qualifications reflect a strong focus on implantology, oral surgery, risk management, and evidence-based patient care.



Alongside his clinical work, Noel is an experienced lecturer and educator with a particular passion for dental photography. He has delivered numerous lectures, webinars, and hands-on courses nationally and internationally, and serves as a faculty member for postgraduate dental education programmes. His contributions to the profession have been recognised through several national awards and ongoing involvement with leading dental organisations and educational institutions.



Lecturer

Dr Jamal Khan

BDS, Cert Implants



Since graduating from the University of Aberdeen with a Bachelor of Dental Surgery in 2018, he has developed a strong foundation in both NHS and private dentistry. He is currently the Principal Dentist at Kendal Dental Aesthetics and Implant Clinic, where he provides comprehensive restorative, aesthetic, and general dental care, with a focus on achieving excellent clinical outcomes and patient satisfaction.



Over the course of his career, he has expanded his clinical expertise to confidently manage increasingly complex cases. His experience includes the restoration of deep carious lesions, endodontic treatment, and smile rehabilitation using both direct and indirect restorative techniques. He has a particular interest in aesthetic dentistry and has successfully restored numerous smiles using composite and ceramic restorations.



Committed to continuous professional development, he has completed a Certificate in Clinical Implant Dentistry with the British Academy of Implant and Restorative Dentistry and has undertaken further postgraduate training in restorative and orthodontic disciplines. His dedication to advancing his knowledge and skills enables him to provide high-quality, evidence-based care across a broad range of dental treatments.





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LECTURERS

Lecturer

Hugo de Sousa

MSc, PhD candidate



Hugo de Sousa is a highly skilled Dental Technician with extensive experience in both Portugal and the United Kingdom. Having developed an early passion for dental technology through his family's laboratory, he has built a career focused on technical excellence, aesthetic dentistry, and continuous professional development.



His professional experience spans a range of leading dental laboratories, where he has developed expertise in crown and bridge work, ceramic layering, restorative dentistry, and laboratory management. Since 2018, he has worked at Nexus Dental in Ripon, specialising in high-quality ceramic restorations.



Alongside his clinical and technical work, Hugo has remained committed to advancing his education. He holds a Master's degree from Cardiff Metropolitan University and is currently undertaking a PhD in Oral Health Sciences and Technologies at the University of Dentistry in Lisbon, reflecting his dedication to innovation, research, and excellence within dental technology.





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MODULE 01

DIAGNOSIS, TREATMENT PLANNING & OCCLUSION

Day 1 • 7 CPD Hours

01

FOUNDATIONS

- Introduction to the course and course requirements
- Detailed Exam
- Smile design
- Facial analysis
- Orthodontic analysis
- Occlusion
- Dahl Concept
- Mutually protected occlusion
- Increasing and managing OVD
- Facebow registrations
- Centric relation and recording centric relation
- Presenting treatment plans
- Learn how to efficiently prepare and sequence extensive treatment plans requiring multidisciplinary approaches.



DIAGNOSIS

- Comprehensive examination
- Orthodontic analysis
- Facial analysis



SMILE DESIGN

- Smile design principles
- Aesthetic assessment
- Case sequencing



OCCLUSION

- Occlusion principles
- Dahl Concept
- Mutually protected occlusion



VERTICAL DIMENSION

- Increasing OVD
- Managing OVD
- Centric relation records



ADVANCED RECORDS

- Facebow registrations
- Recording centric relation
- Mounted study casts



TREATMENT PLANNING

- Presenting treatment plans
- Sequencing multidisciplinary cases
- Efficient preparation of extensive cases



KEY OBJECTIVE

Develop a structured approach to diagnosis, occlusion and multidisciplinary treatment planning, enabling clinicians to confidently sequence complex restorative and orthodontic cases with predictable outcomes.

02

DAY 2

7 CPD HOURS

AIMS AND OBJECTIVES

- Appreciation of the various components of rubber dam kit
- Appreciate clinical situations that would require rubber dam
- Understand moisture control and its implication in adhesive dentistry
- Be able to isolate single tooth and quadrants with rubber dam in a consistent and efficient manner
- Various methods for moisture control
- Rubber dam sheets
- Classification of clamps
- Auxiliary retention using different techniques
- Floss tie techniques
- Isolating quadrants and sextants for restorative dentistry
- Split dam techniques
- Isolating teeth with fixed appliances
- Isolating severely broken down teeth



RUBBER DAM FUNDAMENTALS

- Components of rubber dam kit
- Clinical situations requiring rubber dam
- Moisture control & implications in adhesive technology
- Various methods of moisture control
- Rubber dam sheets



ISOLATION TECHNIQUES

- Isolating single tooth
- Isolating quadrants
- Isolating sextants
- Consistent & efficient isolation techniques
- For restorative dentistry



CLAMPS & RETENTION

- Classification of clamps
- Auxiliary retention using different techniques
- Floss tie techniques
- Improving stability & predictability



ADVANCED TECHNIQUES

- Split dam techniques
- Isolating teeth with fixed appliances
- Isolating severely broken down teeth



PATIENT COMMUNICATION

- Presenting treatment plans
- Ethical selling
- How to deal with objections
- Fee setting



MARKETING

- Optimising websites
- Content creation for social media
- Get your work out there
- Generating and converting leads



KEY OBJECTIVE

Master isolation with rubber dam for predictable clinical outcomes, communicate effectively to increase case acceptance, and implement powerful marketing strategies to grow a thriving dental practice.

03

DAY 3

7 CPD HOURS

AIMS AND OBJECTIVES

- Camera fundamentals and settings.
- ISO, aperture and exposure control.
- Dental photography equipment selection.
- Ring flash and twin flash techniques.
- Intra-oral photography protocols.
- Labial, lateral and occlusal photography.
- Predictable mirror photography techniques.
- Portrait and smile photography.
- Product and marketing photography.
- Lighting, backgrounds and composition.
- Image editing and workflow management.
- Social media and clinical portfolio creation.
- Consent, ethics and legal considerations.
- Build a portfolio that supports case planning and referrals



CAMERA FUNDAMENTALS

- Camera basics
- Settings explained
- Best practices



EXPOSURE CONTROL

- ISO settings
- Aperture control
- Shutter speed



EQUIPMENT & LIGHTING

- Equipment selection
- Ring flash techniques
- Twin flash techniques



INTRA-ORAL PROTOCOLS

- Standard protocols
- Step-by-step guide
- Consistency & repeatability



PHOTOGRAPHY VIEWS

- Labial photography
- Lateral photography
- Occlusal photography



MIRROR PHOTOGRAPHY

- Mirror techniques
- Angle & positioning
- Predictable results



PORTRAIT & SMILE PHOTOGRAPHY

- Portrait photography
- Smile photography
- Natural & engaging



PRODUCT & MARKETING

- Product photography
- Marketing photography
- Brand presentation



LIGHTING & COMPOSITION

- Lighting techniques
- Background selection
- Composition principles



EDITING & WORKFLOW

- Image editing
- Workflow management
- File organisation



SOCIAL MEDIA & PORTFOLIO

- Social media strategy
- Clinical portfolio
- Online presence



ETHICS & LEGAL

- Patient consent
- Ethics in photography
- Legal considerations



KEY OBJECTIVE

Develop advanced dental photography skills to capture exceptional clinical images, communicate effectively, and build a powerful portfolio that enhances patient trust, case acceptance and professional growth.

04

DAY 4

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Understand anterior tooth anatomy and replicate with composite resin restorations
- Use different methods of shade taking and relate to composite resin restorations
- Labiopalatal and Palatolabial incremental build up techniques
- Restore Class IV defects with predictability
- Fabricate direct composite veneers
- Incisal edge bonding
- Restore diastemas with different techniques
- Restore worn anterior teeth with aid of clear matrices
- Dahl Concepts
- Managing increased OVD
- Create anatomically correct contact points
- Evaluate different matrices for creating contact points
- Mylar pull techniques
- Critically evaluate different bonding agents
- Use of tints to recreate incisal halo, fluorosis effects and crack lines etc
- Finishing and polishing composites to a high lustre



PRE OP



ANATOMY & SHADE SELECTION

- Anterior tooth anatomy
- Replicating with composite resins
- Shade taking techniques



BUILD-UP TECHNIQUES

- Labiopalatal incremental technique
- Palatolabial incremental technique
- Layering for natural results



RESTORATIVE APPLICATIONS

- Class IV restorations
- Direct composite veneers
- Incisal edge bonding



AESTHETIC CORRECTIONS

- Closing diastemas
- Restoring worn anteriors with clear matrices
- Dahl Concepts



FUNCTION & OCCLUSION

- Managing increased OVD
- Functional and aesthetic integration



CONTACT POINTS & MATRICES

- Creating correct contact points
- Evaluating matrices for predictable contacts
- Mylar pull techniques



MATERIALS & BONDING

- Evaluating bonding agents
- Optimising adhesion for predictability



TINTS & CHARACTERISATION

- Using tints for incisal halo
- Recreating fluorosis effects
- Simulating crack lines and characterisation



FINISHING & POLISHING

- Finishing techniques
- Polishing to a high lustre
- Long-term aesthetic stability



KEY OBJECTIVE

Master the art and science of anterior composite restorations to achieve aesthetic, functional and predictable results that enhance smiles and exceed patient expectations.



NORTHWEST
Dental
ACADEMY

MODULE 04 (2 DAYS)

ANTERIOR COMPOSITES

Day 5 • 7 CPD Hours (14 Hours Total)

04

DAY 5

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Understand anterior tooth anatomy and replicate with composite resin restorations
- Use different methods of shade taking and relate to composite resin restorations
- Labiopalatal and Palatolabial incremental build up techniques
- Restore Class IV defects with predictability
- Fabricate direct composite veneers
- Incisal edge bonding
- Restore diastemas with different techniques
- Restore worn anterior teeth with aid of clear matrices
- Dahl Concepts
- Managing increased OVD
- Create anatomically correct contact points
- Evaluate different matrices for creating contact points
- Mylar pull techniques
- Critically evaluate different bonding agents
- Use of tints to recreate incisal halo, fluorosis effects and crack lines etc
- Finishing and polishing composites to a high lustre



POST OP



ANATOMY & SHADE SELECTION

- Anterior tooth anatomy
- Replicating with composite resins
- Shade taking techniques



BUILD-UP TECHNIQUES

- Labiopalatal incremental technique
- Palatolabial incremental technique
- Layering for natural results



RESTORATIVE APPLICATIONS

- Class IV restorations
- Direct composite veneers
- Incisal edge bonding



AESTHETIC CORRECTIONS

- Closing diastemas
- Restoring worn anteriors with clear matrices
- Dahl Concepts



FUNCTION & OCCLUSION

- Managing increased OVD
- Functional and aesthetic integration



CONTACT POINTS & MATRICES

- Creating correct contact points
- Evaluating matrices for predictable contacts
- Mylar pull techniques



MATERIALS & BONDING

- Evaluating bonding agents
- Optimising adhesion for predictability



TINTS & CHARACTERISATION

- Using tints for incisal halo
- Recreating fluorosis effects
- Simulating crack lines and characterisation



FINISHING & POLISHING

- Finishing techniques
- Polishing to a high lustre
- Long-term aesthetic stability



KEY OBJECTIVE

Master the art and science of anterior composite restorations to achieve aesthetic, functional and predictable results that enhance smiles and exceed patient expectations.



7 CPD Hours
(14 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



NORTHWEST
Dental
ACADEMY

MODULE 05 (2 DAYS)

POSTERIOR COMPOSITES

Day 6 • 7 CPD Hours (14 Hours Total)

05

DAY 6

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Restore posterior teeth with direct composite resins with predictability
- Create anatomically correct occlusion and predictable contact points every time
- Master class I and class II restorations
- Stamp techniques for predictable occlusal anatomy
- Evaluate and select appropriate bonding agents
- Critically appraise use of lining materials
- Indications for Bulk Fill composites
- Fabricate semi-direct composite inlays and onlays
- Treat posterior teeth wear with composites directly and with clear silicone indices
- Posterior tooth anatomy
- Use of tints and stains
- Evaluate different type of wedges
- Appreciate the use of circumferential, sectional and customised matrices
- Finishing and polishing techniques



POSTERIOR ANATOMY

- Understand posterior tooth anatomy



CLASS I & II RESTORATIONS

- Master class I and class II restorations
- Stamp techniques for predictable occlusal anatomy



OCCUSION & CONTACT POINTS

- Create anatomically correct occlusion and predictable contact points every time



MATERIALS & BONDING

- Evaluate and select appropriate bonding agents
- Critically appraise use of lining materials
- Indications for Bulk Fill composites



INLAYS, ONLAYS & TOOTH WEAR

- Fabricate semi-direct composite inlays and onlays
- Treat posterior teeth wear with composites directly and with clear silicone indices



TINTS & STAINS

- Use of tints and stains
- Enhance aesthetics and natural characterisation



WEDGES

- Evaluate different type of wedges



MATRICES

- Appreciate the use of circumferential, sectional and customised matrices



FINISHING & POLISHING

- Finishing and polishing techniques to achieve long-lasting results



KEY OBJECTIVE

Develop the skills and confidence to deliver durable, functional and aesthetic posterior composite restorations with predictable anatomy, occlusion and long-term success.



7 CPD Hours
(14 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



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MODULE 05 (2 DAYS)

POSTERIOR COMPOSITES

Day 7 • 7 CPD Hours (14 Hours Total)

05

DAY 7

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Restore posterior teeth with direct composite resins with predictability
- Create anatomically correct occlusion and predictable contact points every time
- Master class I and class II restorations
- Stamp techniques for predictable occlusal anatomy
- Evaluate and select appropriate bonding agents
- Critically appraise use of lining materials
- Indications for Bulk Fill composites
- Fabricate semi-direct composite inlays and onlays
- Treat posterior teeth wear with composites directly and with clear silicone indices
- Posterior tooth anatomy
- Use of tints and stains
- Evaluate different type of wedges
- Appreciate the use of circumferential, sectional and customised matrices
- Finishing and polishing techniques



POSTERIOR ANATOMY

- Understanding posterior tooth anatomy



CLASS I & II RESTAURATIONS

- Master class I and class II restorations
- Stamp techniques for predictable occlusal anatomy



OCCLUSION & CONTACT POINTS

- Create anatomically correct occlusion and predictable contact points every time



MATERIALS & BONDING

- Evaluate and select appropriate bonding agents
- Critically appraise use of lining materials
- Indications for Bulk Fill composites



INLAYS, ONLAYS & TOOTH WEAR

- Fabricate semi-direct composite inlays and onlays
- Treat posterior teeth wear with composites directly and with clear silicone indices



TINTS & STAINS

- Use of tints and stains
- Enhance aesthetics and natural characterisation



WEDGES

- Evaluate different type of wedges



MATRICES

- Appreciate the use of circumferential, sectional and customised matrices



FINISHING & POLISHING

- Finishing and polishing techniques to achieve long-lasting results



KEY OBJECTIVE

Develop the skills and confidence to deliver durable, functional and aesthetic posterior composite restorations with predictable anatomy, occlusion and long-term success.



7 CPD Hours
(14 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry

06

DAY 8

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Critically analyse and reproduce tooth anatomy
- Primary, secondary and tertiary anatomy of anterior and posterior teeth
- Recreate teeth with plasticine and wax
- Carving and drawing exercises to understand and evaluate tooth anatomy
- Be able to wax up models for smile makeovers and toothwear
- Take your composite artistry to the next level after this course
- More predictable trial smiles
- Prevent your composites looking like piano keys after mastering these skills



ANATOMY FUNDAMENTALS

- Critically analyse and reproduce tooth anatomy



ANATOMICAL DETAILS

- Primary, secondary and tertiary anatomy of anterior and posterior teeth



MODELLING TECHNIQUES

- Recreate teeth with plasticine and wax



CARVING & DRAWING EXERCISES

- Carving and drawing exercises to understand and evaluate tooth anatomy



WAX UP FOR CLINICAL SUCCESS

- Be able to wax up models for smile makeovers and toothwear



ELEVATE YOUR COMPOSITE ARTISTRY

- Take your composite artistry to the next level after this course



MORE PREDICTABLE TRIAL SMILES

- More predictable trial smiles



PREDICTABLE & NATURAL RESULTS

- Prevent your composites looking like piano keys after mastering these skills



KEY OBJECTIVE

Develop the knowledge and hands-on skills to analyse, replicate and apply accurate tooth anatomy through wax up techniques, enabling more predictable, natural and long-lasting restorative outcomes.



7 CPD Hours
(14 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry

06

DAY 9

7 CPD HOURS
(14 HOURS TOTAL)

AIMS AND OBJECTIVES

- Critically analyse and reproduce tooth anatomy
- Primary, secondary and tertiary anatomy of anterior and posterior teeth
- Recreate teeth with plasticine and wax
- Carving and drawing exercises to understand and evaluate tooth anatomy
- Be able to wax up models for smile makeovers and toothwear
- Take your composite artistry to the next level after this course
- More predictable trial smiles
- Prevent your composites looking like piano keys after mastering these skills



ANATOMY FUNDAMENTALS

- Critically analyse and reproduce tooth anatomy



ANATOMICAL DETAILS

- Primary, secondary and tertiary anatomy of anterior and posterior teeth



MODELLING TECHNIQUES

- Recreate teeth with plasticine and wax



CARVING & DRAWING EXERCISES

- Carving and drawing exercises to understand and evaluate tooth anatomy



WAX UP FOR CLINICAL SUCCESS

- Be able to wax up models for smile makeovers and toothwear



ELEVATE YOUR COMPOSITE ARTISTRY

- Take your composite artistry to the next level after this course



MORE PREDICTABLE TRIAL SMILES

- More predictable trial smiles



PREDICTABLE & NATURAL RESULTS

- Prevent your composites looking like piano keys after mastering these skills



KEY OBJECTIVE

Develop the knowledge and hands-on skills to analyse, replicate and apply accurate tooth anatomy through wax up techniques, enabling more predictable, natural and long-lasting restorative outcomes.



7 CPD Hours
(14 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



07

DAY 10

7 CPD HOURS
(21 HOURS TOTAL)

AIMS AND OBJECTIVES

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Cephs
- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets
- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models
- Use of removable appliances
- IPR
- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth
- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions
- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prothesis in opposing arch
- Retention protocols
- Fabricate and bond fixed retainers
- Planning Treatments with Clear Aligners
- Attachments for clear aligners



DIAGNOSIS & ANALYSIS

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Cephs



TREATMENT PLANNING

- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets



FIXED APPLIANCES FUNDAMENTALS

- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models



REMOVABLE APPLIANCES & IPR

- Use of removable appliances
- IPR



CLINICAL APPLICATIONS

- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth



COMPLEX CASE PLANNING

- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions



TOOTH MOVEMENT STRATEGIES

- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prothesis in opposing arch



RETENTION PROTOCOLS

- Retention protocols
- Fabricate and bond fixed retainers



CLEAR ALIGNERS

- Planning Treatments with Clear Aligners
- Attachments for clear aligners



TREATMENT SEQUENCING

- Understand efficient treatment sequences
- Integrate ortho with restorative outcomes



AESTHETIC & FUNCTIONAL OUTCOMES

- Improve facial balance and smile aesthetics
- Achieve stable and predictable results



PREDICTABLE SUCCESS

- More predictable outcomes
- Evidence-based protocols for lasting results



KEY OBJECTIVE

Develop the knowledge and clinical skills to diagnose, plan and execute orthodontic treatments using fixed appliances for predictable, functional and aesthetic outcomes.



7 CPD Hours
(21 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



NORTHWEST
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ACADEMY

MODULE 08 (3 DAYS)

ORTHODONTICS 2 – BIOMECHANICS OF FIXED APPLIANCES

Day 11 • 7 CPD Hours (21 Hours Total)

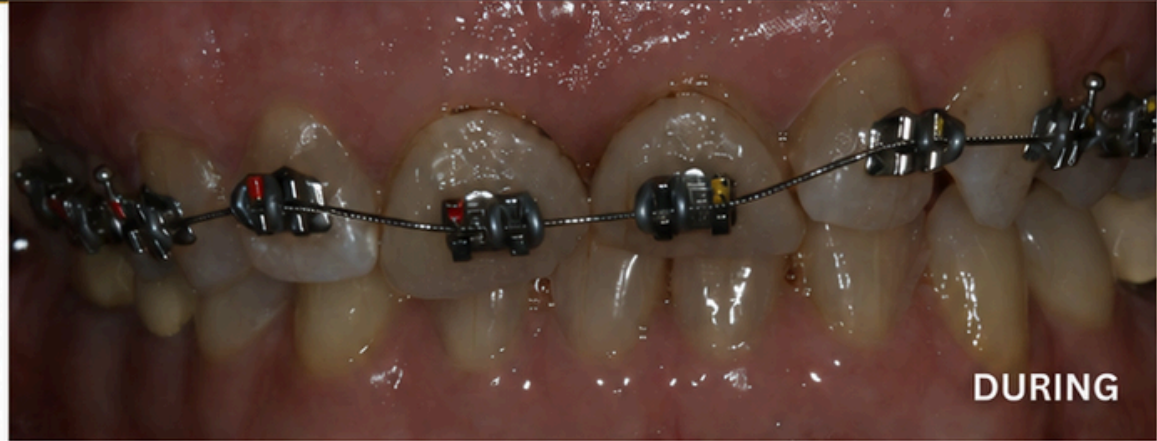
08

DAY 11

7 CPD HOURS
(21 HOURS TOTAL)

AIMS AND OBJECTIVES

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Ceph
- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets
- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models
- Use of removable appliances
- IPR
- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth
- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions
- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prosthesis in opposing arch
- Retention protocols
- Fabricate and bond fixed retainers
- Planning Treatments with Clear Aligners
- Attachments for clear aligners



DURING



DIAGNOSIS & ANALYSIS

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Ceph



TREATMENT PLANNING

- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets



FIXED APPLIANCES FUNDAMENTALS

- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models



REMOVABLE APPLIANCES & IPR

- Use of removable appliances
- IPR



CLINICAL APPLICATIONS

- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth



COMPLEX CASE PLANNING

- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions



TOOTH MOVEMENT STRATEGIES

- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prosthesis in opposing arch



RETENTION PROTOCOLS

- Retention protocols
- Fabricate and bond fixed retainers



CLEAR ALIGNERS

- Planning Treatments with Clear Aligners
- Attachments for clear aligners



TREATMENT SEQUENCING

- Understand efficient treatment sequences
- Integrate ortho with restorative outcomes



AESTHETIC & FUNCTIONAL OUTCOMES

- Improve facial balance and smile aesthetics
- Achieve stable and predictable results



PREDICTABLE SUCCESS

- More predictable outcomes
- Evidence-based protocols for lasting results



KEY OBJECTIVE

Develop the knowledge and clinical skills to diagnose, plan and execute orthodontic treatments using fixed appliances for predictable, functional and aesthetic outcomes.



7 CPD Hours
(21 Hours Total)



Hands-on Learning



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09

DAY 12

7 CPD HOURS
(21 HOURS TOTAL)

AIMS AND OBJECTIVES

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Cephs
- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets
- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models
- Use of removable appliances
- IPR
- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth
- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions
- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prosthesis in opposing arch
- Retention protocols
- Fabricate and bond fixed retainers
- Planning Treatments with Clear Aligners
- Attachments for clear aligners



POST OP



DIAGNOSIS & ANALYSIS

- Orthodontic diagnosis
- Facial analysis
- Smile analysis
- IOTN scoring
- Space analysis
- Interpreting Lateral Cephs



TREATMENT PLANNING

- Treatment planning
- Kesling setups
- Different bracket systems
- Direct bonding of brackets



FIXED APPLIANCES FUNDAMENTALS

- Different arch wires and sequencing for fixed appliances
- Treatment sequences with specially designed Typodont models



REMOVABLE APPLIANCES & IPR

- Use of removable appliances
- IPR



CLINICAL APPLICATIONS

- Treatment of mild/ moderate crowding
- Manage anterior spacing
- How to correct crossbite
- How to correct rotated teeth



COMPLEX CASE PLANNING

- How to plan and treat uneven gingival margins in tooth wear cases
- How to plan and sequence cases requiring ortho and restorative interventions



TOOTH MOVEMENT STRATEGIES

- Extrude roots to create a ferrule effect
- Intrude teeth to create space for prosthesis in opposing arch



RETENTION PROTOCOLS

- Retention protocols
- Fabricate and bond fixed retainers



CLEAR ALIGNERS

- Planning Treatments with Clear Aligners
- Attachments for clear aligners



TREATMENT SEQUENCING

- Understand efficient treatment sequences
- Integrate ortho with restorative outcomes



AESTHETIC & FUNCTIONAL OUTCOMES

- Improve facial balance and smile aesthetics
- Achieve stable and predictable results



PREDICTABLE SUCCESS

- More predictable outcomes
- Evidence-based protocols for lasting results



KEY OBJECTIVE

Develop the knowledge and clinical skills to diagnose, plan and execute orthodontic treatments using fixed, removable and aligner systems for predictable, functional and aesthetic outcomes.



7 CPD Hours
(21 Hours Total)



Hands-on Learning



Mentorship



Multidisciplinary Dentistry

10

DAY 13

7 CPD HOURS

AIMS AND OBJECTIVES

- Case selection
- Shade taking and communication with the lab
- Overview of different ceramics
- Emax, Zirconia and BPJC preps
- Use of silicone guides for correct tooth reduction
- Immediate dentine sealing
- Impression techniques
- Temporisation
- Cementing and bonding crowns
- Bridge designs
- Fixed moveable, Fixed-fixed, cantilever bridges
- Resin retained bridges
- Preparation techniques for different bridge designs
- Occlusal considerations
- Temporaries for bridges
- Controlling soft tissues
- Ovate Pontics



PRE OP



POST OP



CASE SELECTION

- Understand how to select suitable cases for crowns and bridges



SHADE TAKING & LAB COMMUNICATION

- Accurate shade taking and effective communication with the laboratory



CERAMIC OVERVIEW

- Overview of different ceramics and their indications



EMAX, ZIRCONIA & BPJC PREPS

- Preparation techniques for Emax, Zirconia and BPJC



SILICONE GUIDES & TOOTH REDUCTION

- Use of silicone guides for correct tooth reduction



IMMEDIATE DENTINE SEALING

- Protecting dentine and improving bond strength



IMPRESSION TECHNIQUES

- Accurate impression techniques for restorative success



TEMPORISATION

- Effective temporisation for patient comfort and protection



CEMENTING & BONDING CROWNS

- Principles and protocols for successful cementation and bonding



BRIDGE DESIGNS

- Overview of different bridge designs and their applications



BRIDGE TYPES

- Fixed moveable, Fixed-fixed, cantilever bridges



RESIN RETAINED BRIDGES

- Indications and techniques for resin retained bridges



PREPARATION TECHNIQUES

- Preparation techniques for different bridge designs



OCCUSAL CONSIDERATIONS

- Occlusal principles for long-term success



TEMPORARIES & SOFT TISSUE

- Temporaries for bridges and controlling soft tissues with ovate pontics



KEY OBJECTIVE

Develop the knowledge and clinical skills to plan, prepare, and deliver successful crowns and bridges with predictable functional and aesthetic outcomes.



7 CPD Hours



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



11

DAY 14

7 CPD HOURS

AIMS AND OBJECTIVES

- Smile design
- Trail smile from the additive wax up
- Shade selection
- Preparation techniques
- Galip Gurel Concept for veneer preps
- Lab communication
- Managing soft tissues
- Emax, Zirconia, Feldspathic veneers
- Conventional impression techniques
- Temporisation
- Cementation protocols
- Immediate dentine sealing
- Emax vs Zirconia Onlays
- Onlay preparation guidelines
- Temporisation for Onlays
- Bonding protocols for Onlay restorations



SMILE DESIGN

Designing harmonious and aesthetic smiles for predictable outcomes



TRAIL SMILE FROM THE ADDITIVE WAX UP

Evaluating aesthetics and function with a provisional trial smile



SHADE SELECTION

Accurate shade selection for natural and aesthetic results



PREPARATION TECHNIQUES

Principles and techniques for conservative and effective preps



GALIP GUREL CONCEPT FOR VENEER PREPS

Understanding and applying the Galip Gurel preparation concept



LAB COMMUNICATION

Effective communication with the lab for predictable outcomes



MANAGING SOFT TISSUES

Techniques to manage and preserve soft tissues for optimal results



EMAX, ZIRCONIA, FELDSPATHIC VENEERS

Overview and indications of different veneer materials



CONVENTIONAL IMPRESSION TECHNIQUES

Accurate impression techniques for fixed restorations



TEMPORISATION

Creating functional and aesthetic temporaries



CEMENTATION PROTOCOLS

Principles and protocols for successful cementation of veneers and onlays



IMMEDIATE DENTINE SEALING

Protecting dentine and improving bond strength



EMAX VS ZIRCONIA ONLAYS

Comparing materials for onlay restorations and their indications



ONLAY PREPARATION GUIDELINES

Guidelines for conservative and effective onlay preps



TEMPORISATION FOR ONLAYS

Temporising onlays for protection and patient comfort



BONDING PROTOCOLS FOR ONLAY RESTORATIONS

Adhesive protocols for long-lasting and reliable onlay restorations



KEY OBJECTIVE

Develop the knowledge and clinical skills to plan, prepare, and deliver aesthetic veneers and onlays with predictable, functional and long-lasting outcomes.



7 CPD Hours



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



NORTHWEST
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MODULE 12

CROWN LENGTHENING

Day 15 • 7 CPD Hours

12

DAY 15

7 CPD HOURS

AIMS AND OBJECTIVES

- Periodontal disease classification and diagnosis.
- Comprehensive periodontal assessment and treatment planning.
- Indications and contraindications for crown lengthening.
- Restorative-driven crown lengthening planning.
- Surgical guide design and utilisation.
- Flap design and incision techniques.
- Hard tissue recontouring and bone removal.
- Use of periodontal surgical instruments.
- Suturing techniques and wound closure.
- Soft tissue surgery and gingival recontouring.
- Laser-assisted hard and soft tissue procedures.
- Healing, post-operative care, and maintenance.



DIAGNOSIS & ASSESSMENT

Comprehensive periodontal assessment and treatment planning for optimal outcomes.



INDICATIONS & PLANNING

Identify cases and plan restorative-driven crown lengthening procedures.



SURGICAL GUIDE DESIGN

Design and utilise surgical guides for precision and predictability.



FLAP DESIGN & INCISIONS

Use appropriate flap designs and incision techniques for successful access.



SURGICAL INSTRUMENTS

Use periodontal surgical instruments safely and effectively.



SUTURING & WOUND CLOSURE

Apply suturing techniques for secure wound closure and optimal healing.



SOFT TISSUE SURGERY

Perform soft tissue surgery and gingival recontouring for aesthetic results.



LASER-ASSISTED PROCEDURES

Utilise lasers for hard and soft tissue procedures to enhance outcomes.



HEALING & AFTERCARE

Manage healing, provide post-operative care, and ensure maintenance.



KEY OBJECTIVE

Develop the knowledge and clinical skills to plan, perform, and manage crown lengthening procedures for functional and aesthetic success.



7 CPD Hours



Hands-on Learning



Mentorship



Multidisciplinary Dentistry



13

DAY 16

7 CPD HOURS



AIMS AND OBJECTIVES

- Endodontic diagnosis and assessment.
- Case selection and treatment planning.
- Indications and contraindications.
- Complexity and difficulty assessment.
- Pulpal and endodontic emergencies.
- Radiography and CBCT interpretation.
- Consent and medico-legal considerations.
- Access cavity preparation.
- Working length determination.
- Hand and rotary instrumentation.
- Management of curved and blocked canals.
- Irrigation and intracanal medicaments.
- Obturation techniques.
- Temporary restorations and inter-appointment care.
- Post and core restorations.
- Management of endodontic complications.
- Prognosis and treatment outcomes.



DIAGNOSIS & ASSESSMENT

Accurate diagnosis and assessment for successful treatment.



CASE SELECTION & PLANNING

Select appropriate cases and create effective treatment plans.



INDICATIONS & CONTRAINDICATIONS

Understand when endodontic treatment is indicated or contraindicated.



COMPLEXITY & DIFFICULTY ASSESSMENT

Evaluate case complexity and anticipate challenges.



PULPAL & ENDODONTIC EMERGENCIES

Manage pulpal and endodontic emergencies effectively.



RADIOGRAPHY & CBCT INTERPRETATION

Interpret radiographs and CBCT for accurate diagnosis and planning.



CONSENT & MEDICO-LEGAL CONSIDERATIONS

Obtain informed consent and understand medico-legal responsibilities.



ACCESS CAVITY PREPARATION

Perform conservative and efficient access cavity preparation.



WORKING LENGTH DETERMINATION

Accurately determine working length for effective cleaning and shaping.



INSTRUMENTATION (HAND & ROTARY)

Use hand and rotary instruments for safe and efficient canal shaping.



MANAGEMENT OF CURVED & BLOCKED CANALS

Manage curved and blocked canals with advanced techniques.



IRRIGATION & INTRACANAL MEDICAMENTS

Utilise effective irrigation protocols and intracanal medicaments.



OBTURATION TECHNIQUES

Achieve 3D obturation using appropriate techniques and materials.



TEMPORARY RESTORATIONS & INTER-APPOINTMENT CARE

Provide appropriate temporary restorations and inter-appointment care.



POST & CORE RESTORATIONS

Plan and place post and core restorations for endodontically treated teeth.



MANAGEMENT OF ENDODONTIC COMPLICATIONS

Identify and manage complications effectively.



PROGNOSIS & TREATMENT OUTCOMES

Assess prognosis and optimize long-term treatment outcomes.



KEY OBJECTIVE

Develop the knowledge and clinical skills to diagnose, treat, and manage endodontic cases for predictable, long-lasting results.



7 CPD Hours



Hands-on Learning



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TEACHING AND ASSESSMENT



REFLECTIVE LEARNING LOG

Students are encouraged to maintain a reflective log of their journey during the course



CASE PRESENTATIONS

Students will be encouraged to present cases towards the end of the diploma



ASSESSMENTS

MCQs and short Answer questions at the end of each module. Written and a Viva exam at the end of the year to demonstrate an in-depth knowledge of diagnosing and treatment planning of complex cases.



CLINICAL COMPETENCY

Evidence of various procedures following each module will be assessed



CONTINUAL SUPPORT WILL BE PROVIDED THROUGHOUT THE YEAR VIA ON LINE SEMINARS AND SOCIAL MEDIA PLATFORMS



COST



COST FOR THE DIPLOMA

£12995.00



This is an introductory offer which includes VAT and also diploma registration fees.



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